Sara Galassini

www.saragalassini.com

www.saragalasband.org

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HIGHLIGHTS OF QUALIFICATIONS

- Over 20 years experience as an international interdisciplinary artist with stage appearances in the United States, Italy, Austria, Poland, UK, Taiwan, Kosovo, Cambodia
- Cross-disciplinary creative strengths as a performer in dance, acting, singing, puppetry, song and poetry writing, music making as well as
 engagements as Creative Director, Choreographer, Producer and Community Projects Facilitator
- Expertise in physical theater, experimental theater, multidisciplinary performance, plays
- Proficient in ensemble and solo work with passion for cutting edge, cross genre performance

PERFORMANCE EXPERIENCE

• Co-Founder, Producer, Singer SongWriter, Director, Performer - 2013-present

Sara Galas Band - world music duo founded with Yukio Tsuji. Interdisciplinary Performance Credits: Waves of all times, Origin: a Performance Art Concert, Unmeasurable Picture, REFLECT-I-ON, Pros-(Her)-Pere 2019: debut album HER. 2022-2023 Concert Credits: Osando Mina, SilkRoad, Ma - Spazio pieno di senso.

Member of La MaMa Great Jones Repertory Company - Performer - 2000-present

Credits include: Trojan Women, The Monk and The Hangman's Daughter, Seven, Romeo and Juliet, Seven against Thebes, Herakles Via Phaedra, Mythos Oedipus, Dionysus Filius Dei, Fragments of Seven, Great Jones Variations

• Member of Magis Theater Company - Performer and composer-musician - 2020-present

Credits include: The Alcestiad

- Co-Creator, Producer, Director, Choreographer, Performer One-in-Themselves 2017
- Choreographer Privatopia directed by Handan Hublitz at LaGuardia Performing Arts -2015
- Co-Founder, Choreographer, Sound designer, Performer 2013-2015

UNGUARDED an international artist-exchange performance project in collaboration with the Afghan Refugee Community in Athens, Greece and Generation Outside. Credits: *The Sacred Way: Protagonist and Hero, IN-CITE?*

OTHER THEATER CREDITS - Performer - 2010-present

- Little Amal's Walk by The Trojan Women Project
- Multiverso #2 by The Trojan Women Project at La MaMa's CultureHub Re-Fest
- Multiverso by The Trojan Women Project and Station Athens/Polyplanity Productions Athens-based MindThe Fact Festival
- En Masse by Palissimo Dance Company
- Fuck/Love The Poetics of Adoration by Kelly Bartnik
- The Angels of Swedenborg by Ping Chong & Co.
- Japan Earthquake & Hurricane Sandy Benefit at Carnegie Hall
- Narcissus by Elizabeth Swados
- Hoplite Diary by Tom Lee
- Love Story, Palestine by Yoshiko Chuma
- Theatricale by Urban Research Theater
- Si Seulement Si by Nu Dance Theater
- When clowns play Hamlet by Ozzie Rodriguez
- Don't look into the camera directed by Aktina Stathaki
- 9 Windows, Open Door, Room to Panic, In Retrospect by Loco7 Dance Puppet Co.

TEACHING EXPERIENCE & COMMUNITY PROJECTS

- The Moving Memory project commissioned by Stefanie Nelson Dancegroup for AHRC 2019-present
- NYU Playwright Horizons substitute teacher for movement based classes 2018-2019
- La MaMa: The Trojan Women Project, The Blue Bus Project 2017-present

SOUND HEALING PRACTITIONER 2016-Present

EDUCATION

- SUNY Empire State College, BA in Interdisciplinary Applied Theater
- Ping Chong + Company UE Summer Institute and Teacher Training
- Certified as an Integrative Sound & Music Practitioner by the Open Center SMI program
- Certified in Language of Dance Foundations Part 2 by Language of Dance Center
- Certified for compilation of Institute of Community Action Training at Gibney
- Certified as a Mindfulness Meditation Teacher by The Mindfulness Meditation Teacher Program with Jack Corfield and Tarah Brach in partnership with Sounds True and The University of California Greater Good Science Center

GRANTS AND AWARDS RECEIVED

Queens Council of the Arts - National Endowment for the Art - Citizens Committee of New York, Puffin Foundation LTD. - Dragon's Egg - SPAM Italy - The Italian CUltural Institute of New York City - 2018 QCA Junior Board Artist Excellence Recognition Award